

## Types of Ministry Funded Services & Supports that DSO CER can help you access

### Residential Services and Supports

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The Government of Ontario funds community agencies that offer people with developmental disabilities places to live. Learning more about these residential services and supports can help a person with a developmental disability to find a home that works well for their needs.

Housing options include

- group homes and group living supports;
- supported independent living/individual living supports;
- host Family Home/Associate Living Supports;
- Individualized Residential Model; and,
- Specialized Accommodation.

We know that many people need support finding homes; we will work with you to identify the options that work best for you. To find out more about the options and services in your community, please [contact the Developmental Services Ontario agency in your region](#).

### Community Participation Supports

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#### What are community participation supports?

If an adult with a developmental disability wants to become more involved in their community, their Developmental Services Ontario agency can help by putting them in touch with community participation supports. These supports can be delivered one-on-one or in groups and include things like:

- **enjoying social, fun or spiritual activities:** playing sports, getting involved with a house of worship, trying a hobby or community activity, meeting with other adults who have similar needs and interests as part of a group program in the community;
- **developing self-help skills:** getting help with things like learning to brush teeth, get dressed, ride the bus and go shopping in order to become more independent;
- **continuing to learn after high school:** taking a course, volunteering, using public libraries or participating in activities at a community centre;
- **volunteering or preparing for a job:** practicing work-related tasks or skills to succeed at work or as a volunteer.

## Central East Region

### Caregiver Respite

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Respite services give primary caregivers a temporary break from the routine of providing care to a family member with a disability. These services can be provided in different ways. Some people receive funding to choose and pay for their own respite support. Other people choose to use a respite program where the person with a disability can stay for a short period of time.

Your Developmental Services Ontario agency can tell you more about respite services in your community. You can also find information on different respite programs available near you by visiting [www.respiteservices.com](http://www.respiteservices.com), or find a respite worker using the website's "CHAP Worker Bank."

### Passport Program

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#### What is Passport? Funding for Community Participation Supports & Caregiver Respite

Passport is a program that helps adults with a developmental disability live as independently as possible within their communities.

Currently, adults with a developmental disability (or their families) can apply for funding to help them with the following supports which are funded through the Passport Program:

- **Education-** The cost of classes offered through a community centre or local school board  
Note: You cannot use Passport funding for tuition that is covered by a government student Assistant program (e.g., OSAP) or supports that is available through an on-campus Special Needs office
- **Employment-** Job preparation or work activities (e.g., hiring a support worker to help with on-the-job training or to act as a job coach at work)
- **Volunteer activities-** Support needed to participate or volunteer in community activities or events (e.g., covering the cost of transportation, having a support worker go with you to help you participate)
- **Daily Life -** Activities that help develop social skills, independent living and personal management (e.g., learning how to do your banking, takes public transit, or use the library)
- **Caregiver Respite-** Hiring someone to help with personal care of a person with a developmental disability to give the main caregiver a break. This can be in your own home or a different location.

#### Funding

Once funding becomes available and upon the development of the contractual agreement between the individual and the Passport Agency, individuals will receive Passport funding directly to purchase supports and services on their own. The DSO works with families to confirm eligibility for services and supports and completes the Developmental Services application package. Once the application package is complete and the individual is 18 years of age, the DSO will refer the individual to the Passport Agency for mapping and consideration for funding, if available.

#### MCSS Passport Guidelines- further information

<http://www.mcass.gov.on.ca/en/mcass/publications/developmentalServices/passportGuidelines/section1.aspx>

**Central East Region****Person-Directed Planning**

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**What is person-directed planning?**

Person-directed planning helps a person with a developmental disability to find the tools and funding they need to live their dreams and meet their goals.

It can help people with developmental disabilities to

- define a vision of their future life,
- identify their strengths and gifts,
- set goals and make choices,
- find ways to participate in their communities,
- locate people who can help them achieve their dreams.

A community agency can provide this kind of support, or families and people with developmental disabilities may want to use the funding they receive to pay for supports they choose themselves.

**Adult Protective Service Workers**

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**What is the Adult Protective Service Worker (APSW) program?**

The Adult Protective Service Worker program matches adults who have a developmental disability and who live on their own in the community with a worker. With the person's consent and direction, this worker helps them to take care of things they need for everyday living, as well as to set and achieve goals.

Adult Protective Service Workers can also help to connect adults with developmental disabilities with others in their communities and to find and use community resources.

In some communities, Adult Protective Service Workers have different titles, such as Service Coordinator or Adult Support Worker.

**What do Adult Protective Service Workers do?**

The worker meets regularly with an adult who has a developmental disability to

- help them get access to community supports and government-funded services,
- help identify their strengths and needs,
- inform them about supports and direct them to the ones they need,
- help manage their community resources and service plans,
- help them to develop problem-solving and life skills, like budgeting and learning to use public transportation.

## Central East Region

### Case Management

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Case Management Services are supported by a case manager, who works with individuals and/or their families to coordinate formal and informal services to meet their unique needs. DSO CER makes referrals to YSSN Regional Services for case management in York Region. Other transfer payment agencies may offer this service on an informal basis. DSO CER does not make linkages for these informal services.

### Behaviour Services

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Behavior services are offered across Central East Region (CER) to individuals and their families. The DSO can make linkages to Lake Ridge Community Support Services (Durham), Tri-County Community Support Services (HKPR) and Mackenzie Health (York Region and Simcoe County). Behavioural Consultation Services provides the following:

- Assessment of adaptive skills and functional assessment of behaviour
- Assistance in the development, implementation, and evaluation of treatment plans and strategies based on the principles of Applied Behaviour Analysis
- Caregiver training in the use of behavioural strategies in the individual's natural system of supports
- Group instruction, workshops, and training in crisis prevention and treatment intervention strategies

**For further information about services and supports please contact:**

**DSO Central East Region at 905-953-0796 or 1-855-277-2121**

**Website: [www.dsontario.ca](http://www.dsontario.ca) Email: [dsocentraleast@yssn.ca](mailto:dsocentraleast@yssn.ca)**