



CHAP
COMMUNITY HELPERS
FOR ACTIVE PARTICIPATION

respiteservices.com

Are you...

The primary caregiver for a child or adult with autism or a developmental disability?

A Family looking for assistance hiring a support worker?

In need of someone to provide respite care?

In need someone to promote active living for your family member in your home or in the community?

respiteservices.com

A provincially funded website providing access to potential support workers and a resource for information about respite services in your community.

Visit www.respiteservices.com and select **Durham Region**.

If you do not have access to a computer, contact Jeanne at **905-436-3404**.

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